



**Best
Practice
Surgery**

DECEMBER 2016

Newsletter



Surgery
UNIVERSITY OF TORONTO

KUDOS & THANK YOU!

The Best Practice in Surgery guideline for management of patients with an ostomy within an ERAS program was endorsed by the Canadian Association for Enterostomal Therapy! Kudos to Marg McKenzie, Debbie Miller, Debra Johnson and Monica Frecea on all of their hard work!



Timothy D. Jackson
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**CHECK OUT
OUR WEBSITE:**

bestpracticeinsurgery.ca

For more on Best Practice
in Surgery

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WELCOME! This month, Dr. Timothy Jackson is sharing some of his important work with surgical quality improvement. Dr. Jackson is a General Surgeon at UHN with a specialty in bariatric and GI surgery. He is also an Assistant Professor on the Department of Surgery at U of T. Dr. Jackson is very passionate about improving the quality of surgical care not only at his hospital, but across Ontario and beyond! Due to his interest in surgical QI, he is currently leading Health Quality Ontario's Surgical Quality Improvement Network.

QI @ UofT

By Timothy Jackson

The Ontario Surgical Quality Improvement Network (ON-SQIN) was developed as a partnership between Health Quality Ontario and surgeons and hospitals interested in surgical quality improvement. The goal of the program is to increase the number of hospitals participating in surgical QI and identify opportunities to support these efforts within a community of practice.

The program quickly grew from four hospitals in Jan 2015 to 33 hospitals participating in ON-SQIN as of November 2016. This includes a broad mix of academic, community, rural and paediatric sites across almost every LHIN in Ontario. We recently held our 2nd Annual Surgical Quality conference Nov 4th and had over 300 attendees representing 70 hospitals and 13 patient care organizations.

Participating hospitals have enrolled in ACS-NSQIP and identified areas for targeted quality improvement based on their own outcomes data. As a mechanism to help hospitals move from collection of data to meaningful change, the HQO team has developed a Surgical Quality Improvement Plan (SQIP). This novel approach aids hospital QI teams in the development of specific targets, timelines and the application of appropriate QI methodology to improve care.

Based on their data, the majority of hospitals in the ON-SQIN community have identified implementation of Enhanced Recovery programs as an important intervention to improve care for surgical patients. To date, 24 ON-SQIN hospitals have been working with the Best Practices in Surgery program to implement and support ERAS in Ontario hospitals. Within the Network, there is overwhelming interest in applying ERAS

principles more broadly to many surgical subspecialties. We look forward to continuing to work with the BPS team to make this a success in the New Year.

For more information about the Ontario Surgical Quality Improvement Network please visit: www.hqontario.ca/Quality-Improvement/Our-Programs/Surgical-Quality-Improvement-in-Ontario

CURRENT WORK

*Old Dogs & Old Tricks:
Changing a 20-Year-Old Dogma*

In collaboration with our Anesthesia colleagues, the Best Practice in Surgery has developed guideline recommendations for preoperative fasting that will be actively implemented across all U of T hospitals. As you may know, the recommendations are not new (they are actually almost 20 years old!), however most centres are still following old 'tricks' and we are on a mission to change this! We will be launching a wide-spread implementation strategy in the new year to ensure successful implementation. If you would like to be a preoperative fasting Champion, please contact us!

WHAT'S NEXT?

- Building a Quality and Best Performance program in the Department of Surgery was one of the strategic initiatives of the 2012 Department of Surgery Strategic Plan. Jim Rutka, our Chair, has now asked us to review and refresh our objectives and strategic initiatives. We will be putting a committee together to do this work over the next few months. If anyone has suggestions of what we could be doing better or new initiatives that we should undertake or just make comments about the work we are doing, we would like to hear them. Please email bestpracticeinsurgery@utoronto.ca if you have suggestions.