



## UPCOMING EVENTS

### 1 CENTRE FOR QUALITY IMPROVEMENT AND PATIENT SAFETY (C-QUIPS) AND IDEAS

INAUGURAL QUALITY IMPROVEMENT AND PATIENT SAFETY FORUM

OCTOBER 19TH, 2016

Link:  
<http://www.cquips.ca/index.php/events/symposium/263-qipf-2016>

### 2 HEALTH QUALITY ONTARIO

HEALTH QUALITY TRANSFORMATION

OCTOBER 20TH, 2016

Link:  
<http://www.hqontario.ca/Events/Health-Quality-Transformation-2016>

### 3 ONTARIO SURGICAL QUALITY CONFERENCE 2016

NOVEMBER 4TH, 2016

Link:  
<http://www.hqontario.ca/Events/Ontario-Surgical-Quality-Conference-2016>

CHECK OUT OUR WEBSITE:

[bestpracticeinsurgery.ca](http://bestpracticeinsurgery.ca)

For more on Best Practice in Surgery

## CONTACT

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**WELCOME!** In order to communicate to our faculty, residents, hospital colleagues as well as others who are interested in undertaking quality initiatives in their own institutions, we have instituted this Newsletter. We plan to send one out each month. We hope you find this useful and if you have any feedback, would like to contribute to it or add a colleague to our email list, we would love to hear from you! See our contact information at the bottom of the page.

## INAUGURAL EDITION

Dr. James Rutka

It is a great pleasure for me to help introduce the Best Practice in Surgery Newsletter with this inaugural edition. I was delighted to establish "quality and best practices" (QBP) as a core component of the Department of Surgery's Strategic Plan almost 5 years ago. Since then, we have collectively made great progress in the initiatives and projects that have been introduced to move the Quality and Best Practice agenda along. Special thanks are given to **Robin McLeod**, Vice Chair QBP, in the Department of Surgery, and **Emily Pearsall**, Manager of the Best Practices in Surgery portfolio. Now we can boast that we have introduced quality initiatives in the residency training program during the "Foundations" seminars. We have ongoing data collection for important projects such as the "Surgical Re-admission Rates Project". And, an exciting new surgical patient experience workshop has been organized perhaps for the first time in Canada or North America, for that matter. Looking ahead, we can indeed be proud that we will be establishing a QBP website and App. The establishment of this newsletter in Best Practices in Surgery will keep all of us up-to-date and informed on the most important, and timely projects that ultimately will enable us to provide the best care for our patients. I do hope you will join me in congratulating Robin and Emily and the Quality and Best Practice and committee members on the creation of this newsletter, and I look forward to seeing its many valuable columns in issues to come.

## BEST PRACTICE IN SURGERY GOALS

- Support development and implementation of guidelines across all Surgical Divisions in all of the U of T affiliated hospitals and ensure our patients receive the best care with the best clinical outcomes
- Ensure that all patients receive patient-centered care and they and their caregivers have a positive experience
- Collaborate with colleagues in hospitals, other Departments, and Institutions to really make sure this happens
- Provide education to all of our residents so they can undertake or participate in quality initiatives
- Encourage research in quality and

knowledge translation and use this platform to perform clinical trials when evidence is lacking

- And, by doing so, ensure that our Department is recognized as a leader as well as a resource in quality, knowledge translation and change management

## CURRENT WORK

Guideline Development

- The SSI Prevention Guideline development is being revised to include all surgical specialties in collaboration with the Antimicrobial Stewardship program. **Dr. Paul Bonnar**, who is an Infectious Disease Fellow, is the lead on this work.
- Did you know that the Toronto Central LHIN spends approximately 12 million dollars each year on surgical wound management? We are excited to be partnering with the Toronto Central CCAC to develop and implement a guideline on surgical wound care. This summer, **Fargol Mostofian**, who is a medical student at the University of Ottawa, reviewed the pertinent literature on wound management and we are currently developing guideline recommendations before sending the guideline out to relevant stakeholders for feedback. If you are interested in developing a guideline, please check out our website ([bestpracticeinsurgery.ca](http://bestpracticeinsurgery.ca)) for the guideline methodology we are using. We welcome anyone-particularly residents-who is interested in leading the development of a guideline.

## KUDOS & THANK YOU!

- We want to thank the University of Toronto affiliated hospitals for their support of Best Practice in Surgery!
- **Allan Okrainec** recently presented results from the iERAS study at the Canadian Surgery Forum which show that those patients who were compliant with the urinary catheter guideline recommendations had fewer UTIs (0.8% vs 4.1% in patients having colonic procedures and 3.5% vs 9.6% in patients having rectal procedures) and a shorter hospital stay (4 vs 5 days in patients having colonic procedures and 5 vs 8 days in patients having rectal procedures)!
- We want to congratulate **Marg McKenzie** for winning Best Poster at the Canadian Surgery Forum for her work on the development of a guideline for patients with a stoma within an Enhanced Recovery after Surgery program.