**Template Selected:** Wound care – closed surgical incision

**How I Might Feel and What to Do:**

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| **Status** | **How I am Feeling** | **What to do** |
| Expected  | My surgical incision is closed with staples, sutures or with skin glue. The skin edges are closed together and dry. There is no redness or wetness |  |
| Worrisome  | Signs and symptoms of wound infection: **redness, pus, foul odour, pain, warm to touch, wound opening**.  | -Contact your surgeon |
| Emergency | High fever, chills, wound edges fully separate; heavy bleeding; large amounts of pus | Go to emergency |

**Changes to My Routine:**

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| --- | --- |
| **Activity** | **Instruction** |
| Wound care – closed surgical incision | First dressing change or removal of dressing when at home is [date dressing to be removed]After the removal of the dressing, you may shower anytime. The incision should be dried well While dressings, creams or ointments are not necessary, a clean dry dressing may be applied to cover incision to decrease wound contact with clothing and absorb light drainage. Staples and suture removal [date to be removed and by whom]Drain removal [date to be removed and by whom]Activity restrictions and support devices to allow for healing of the incision [to be specified] |