**Template Selected:** Wound care – Open wound self-care

**How I Might Feel and What to Do:**

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| --- | --- | --- |
| **Status** | **How I am Feeling** | **What to do** |
| Expected |  |  |
| Worrisome | Signs and symptoms of wound infection: **redness, pus, foul odour, pain, warm to touch, wound opening**. | -Contact your surgeon |
| Emergency | High fever, chills, wound edges fully separate; heavy bleeding; large amounts of pus | Go to emergency |

**Changes to My Routine:**

|  |  |
| --- | --- |
| **Activity** | **Instruction** |
| Wound care – self-care of open wound | Remove and apply wound dressing {give instructions}  Be aware of how to apply your dressing. If you are unsure, ask your doctor or nurse.  Obtain some wound care supplies from hospital prior to discharge and be aware of where to purchase any further supplies as needed. |